

EARTH BEATS
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SPIRITUALITY IN HIDDEN PLACES

Two cars traveling in tandem carried a carefree and “happy six CSC’s” to the little town of Wilton, N.H. Many would ask, “*What’s to be found in this little remote town in western New Hampshire?*” Read on!

There we met Anthony who manages the Temple-Wilton Community Farm. This farm, one of the rare year-round Biodynamic Community Supported Farms, is a free association of individuals who make it possible for the farm to provide life-giving food for the local community while respecting the natural environment. The members cover operational costs of the farm.

To the casual passer-by, the farm buildings and farm itself, may receive but a cursory glance. But that’s before Anthony comes forth to share his deep love and concern for Mother Earth. In a very short time, we learned so much from this wise, gentle and courageous farmer who made farming his life choice only after the birth of his first daughter. Having asked himself how he could keep his child healthy, he left his life in the city because he knew that nutritious and safe foods on the family table were the only solution to his concern. His fatherly love for his daughter opened the door to his true calling.



A glimpse of the cows nearby quickened our interest and we soon had our first lesson on the benefits of raw milk. There are no added hormones and certainly no transport from one state to another and it does come from “Bessie” who also has a healthy diet. Free-range chickens strutting about provide eggs daily. (With the recent outbreak of salmonella, this really caused us to pause and ponder the advantages of “home-grown”.)

Ah! And now to the fields! This is where we savored the “taste of the earth” as Anthony spoke of the fields. His peace-filled soul, the sparkle in his eyes, and the soft poetic phrases that flowed from the depth of his soul gave us the feel and genuine experience of the “spirituality of the earth,” and of the “symphony of the fields.”

As we moved on, the discussion turned to the realm of biodynamic farming which made its debut in the U.S. around 1930. Because the soil is suffering from its own anemia, it is not producing as it did hundreds of years ago. It is also in need of healing. What has been taken from it must be returned.

